

# To Paramus Catholic High School

Address for GPS: **425 Paramus Rd., Paramus, NJ**

<https://paramuscatholic.com/directions/>

*(Directions below are from St. Joseph Regional High School, 40 Chestnut Ridge Rd., Montvale.)*

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|---|--------|
| <b>1. Head south on Chestnut Ridge Rd toward Woodmont Dr</b>        | 0.9 mi |
| <b>2. Take the 1st left onto Glen Rd</b>                            | 0.1 mi |
| <b>3. Slight right to merge onto Garden State Pkwy S</b>            | 4.9 mi |
| <b>4. Take exit 165 toward Ridgewood/Oradell</b>                    | 0.1 mi |
| <b>5. Keep right at the fork to continue toward E Ridgewood Ave</b> | 0.1 mi |
| <b>6. Turn right onto E Ridgewood Ave</b>                           | 0.7 mi |
| <b>7. Continue onto East Ridgewood Avenue</b>                       | 0.7 mi |
| <b>8. Turn left onto Paramus Rd</b>                                 |        |

(Destination will be on the right.)

*TOTAL MILEAGE FROM SJR: 8.8 mi*  
*TOTAL TRAVEL TIME (w/o traffic): 15 min*

